

OCEANIA TAEKWONDO

TAHITI G-RANKED EVENTS



SEPT 30TH – OCT 2ND, 2022

SALLE OMNISPORTS AS DRAGON - PAPEETE

DAY 3

2 OCTOBER, 2022

1ST TAHITI OPEN – G2

5TH OCEANIA POOMSAE – G4/G2





1st Tahiti Open – G2

5th Oceania Poomsae Championships – G4

Tahiti, French Polynesia 2022

Dear Taekwondo Family Members, **(DAY 3)**

It is our great honour and pleasure to invite you and your team to participate in the **1st Tahiti Open G2 (Kyorugi Olympic Weight Divisions) plus the 5th Oceania Poomsae Championships (G4) 2022.**

These events will be held in the city of Papeete in French Polynesia (Tahiti) on Sunday, 2nd October 2022, and will also include many other WT & Oceania sanctioned divisions.

All competition area's will be equipped with video replay and Daedo electronic body protectors and headgear for G-Ranked events. These Championships will have the best referees to guarantee maximum transparency, fair play & impartiality for the athletes.

Please mark our events in your calendar and make sure not to miss these high level, quality WT and OT championships. Our professional organisation team is working hard to make this event successful! If you need any assistance, please do not hesitate to contact the organisation team.

We hope that you and your team will participate at the Tahiti Open G2 (Kyorugi Olympic Weight Divisions) plus the Oceania Poomsae Championships (G4), and we are looking forward to welcoming and seeing you in Papeete City, French Polynesia (Tahiti).

Yours sincerely,

Mr. John Kotsifas
President, Oceania Taekwondo &
Vice President, World Taekwondo

Mr. Alfred Lai Koun Sing
President, Polynesia Taekwondo





<p>Promoter</p>	<p>Oceania Taekwondo (OT) Ground Floor, 116 Hardware Street 3000 Melbourne, Australia Tel: +61 410 656 308 Fax: +61 3 9640 0611 E-mail: admin@worldtaekwondoceania.org</p>			
<p>Sanctioned by</p>	<p>World Taekwondo (WT) 5th Fl., Kolon Bldg 15 Hyoja-ro, Jongno-gu, Seoul, Korea, 03044 Tel: +82 2 566 2505 Fax: +82 2 553 4728 E-mail: sport@wtf.org Internet: www.wtf.org</p> <p>World Taekwondo Para Taekwondo Department Maison du Sport International, Avenue de Rhodanie 54, 1007 Lausanne, Switzerland, Tel: +41 21 601 50 13 E-mail: para-tkd@wtf.org</p>			
<p>Venue</p>	<p>Salle Omnisports A.S DRAGON Vallée de la Titioro Papeete, TAHITI FRENCH POLYNESIA</p>			
<p>Organizing Committee</p>	<p>Polynesia Taekwondo Complexe Sportif Excelsior Vallée de Tepapa, Papeete, TAHITI FRENCH POLYNESIA Email: international@polynesiataekwondo.org Ph: +689 87772616</p>			
<p>Event & Competition Dates</p>	<p>Event Dates: Friday, September 30th to Sunday, October 2nd 2022 Tahiti Open Weigh in Date: Saturday, October 1st, 2022 Tahiti Open / Oceania Poomsae Competition Date: Sunday, October 2nd, 2022</p>			
<p>General Qualification</p>	<p>Each team can send male and female athletes to compete in cadet, junior and senior weight divisions. One athlete cannot participate in more than one (1) weight category or age division.</p> <p>Registered participants must also satisfy the following:</p> <ol style="list-style-type: none"> 1. Holder of the nationality of the participating team 2. Holder of Taekwondo Dan/Poom certificate issued by the Kukkiwon, WT or a CU; and 3. Holder of the WT Global Athlete License (GAL). 			
<p>Competition Rules</p>	<table border="1" style="width: 100%;"> <tr> <td style="width: 20%;">Kyorugi</td> <td>WT Competition Rules & Interpretation (Jun 1, 2022) WT Ranking Bylaw (November 9, 2021) WT Event Operations Rules (October 1, 2020)</td> </tr> </table>		Kyorugi	WT Competition Rules & Interpretation (Jun 1, 2022) WT Ranking Bylaw (November 9, 2021) WT Event Operations Rules (October 1, 2020)
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Awards	<p>Individual awards:</p> <p>1st place – gold medal and certificate 2nd place – silver medal and certificate 3rd place – bronze medal and certificate</p>
Coaches Accreditations and Qualifications	<p>The minimum qualification requirements for coaches are as follows:</p> <p>All coaches must be at least 18 years of age. WT Coach Certificate Level I or above is required</p>
Dress Code	<p>During the preliminary rounds, coaches shall wear either a neat tracksuit or a shirt, pants and suit jacket.</p> <p><u>Please note that for semi-finals and finals it is a WT requirement that coaches wear a suit jacket.</u></p> <p>During the Head of Team meeting, further information about dress code shall be provided to the teams.</p>
Protector & Scoring System	<p>DAEDO Gen. 2 is being used as the PSS. The Organizing Committee will provide DAEDO trunk protector and DAEDO E-headgear. Para headgear with face shield will be provided</p> <p><u>IMPORTANT NOTE: Each athlete to bring their own DAEDO sensor socks.</u></p>
Recognized Brands	<p>Participating contestants are required to wear WT- recognized doboks and WT- recognized protective equipment. The latest version of WT-recognized manufacturers' list is available at the website of WT:</p> <p>http://www.worldtaekwondo.org/WT-partners/recognized/</p> <p>Athletes will not be permitted to compete with non-WT approved equipment. Taping over non-WT approved logos will not be permitted.</p>
Indemnities	<p>The respective participants shall be responsible for ensuring that they have validly completed and agreed to the relevant declarations during registration, thus indemnifying the organizers and the OT, its officials and other contestants from any claims of injuries, losses, fatalities or otherwise arising in the course of participation in these championships or any activities thereto.</p>
Head of Team Meeting	<p>The Head of Team meeting shall be conducted by OT officials on Thursday, 29th September 2022. Exact location and time shall be communicated forthwith to Team Managers only.</p>
Drawing of Lots	<p>All athletes in WT sanctioned divisions will be seeded according to the WT Global Ranking as per September 2022. The draw sheets and brackets will be available the day before the start of the competition of the respective weight category.</p>



TAHITI OPEN – WT & OT DIVISIONS

Senior Black Belt Weight Categories (G2 Ranking)

(17 years and over)

Male Divisions	Female Divisions
Under 54kg	Under 46kg
Under 58kg	Under 49kg
Under 63kg	Under 53kg
Under 68kg	Under 57kg
Under 74kg	Under 62kg
Under 80kg	Under 67kg
Under 87kg	Under 73kg
Over 87kg	Over 73kg

Junior Black Belt Weight Categories (15 - 17)

Male Division	Female Division
Under 45kg	Under 42kg
Under 48kg	Under 44kg
Under 51kg	Under 46kg
Under 55kg	Under 49kg
Under 59kg	Under 52kg
Under 63kg	Under 55kg
Under 68kg	Under 59kg
Under 68kg	Under 63kg
Under 73kg	Under 68kg
Over 78kg	Under 68+



Cadet Black Belt Weight Categories (12 - 14)	
Male Division	Female Division
Under 33kg	Under 29kg
Under 33kg	Over 29kg
Under 37kg	Under 33kg
Under 41kg	Under 37kg
Under 45kg	Under 41kg
Under 49kg	Under 44kg
Under 53kg	Under 47kg
Under 57kg	Under 51kg
Under 61kg	Under 55kg
Under 65kg	Over 59+

YOUTH COLOUR & BLACK BELT WEIGHT DIVISIONS (6/7, 8/9, 10/11)	
Male Division	Female Division
Under 18kg	Under 18kg
Under 21kg	Under 21kg
Under 24kg	Under 24kg
Under 27kg	Under 27kg
Under 31kg	Under 31kg
Under 35kg	Under 35kg
Under 40kg	Under 40kg
Under 45kg	Under 45kg
Under 50kg	Under 50kg
Over 50kg	Over 50kg

CADET COLOUR BELT WEIGHT DIVISIONS (12 – 14)	
Male Division	Female Division
Under 33kg	Under 29kg
Under 37kg	Under 33kg
Under 41kg	Under 37kg
Under 45kg	Under 41kg
Under 49kg	Under 44kg
Under 53kg	Under 47kg
Under 57kg	Under 51kg
Under 61kg	Under 55kg
Under 65kg	Under 59kg
Over 65kg	Over 59kg

Weigh-In	<p>Weigh-in of the athletes takes place the day prior to the start of the respective weight category they compete in. During the weigh-in, the male athlete shall wear underpants and the female athlete shall wear underpants and brassiere. However, the athlete may weigh in nude if he/she wishes to do so.</p>
Random Weigh-In	<p>Each athlete shall have one (1) attempt to pass the weigh in. However, one (1) extra attempt is allowed for those athletes who did not qualify the first time. This extra attempt shall be done within the time limit of the official weigh-in.</p> <p>Random weigh in will take place daily at 08:00hrs at the competition venue, ALL competing athletes MUST be present.</p>
Transportation	<p>Round trip airfare of the teams shall be borne by the participating teams, there will be no arranged transport for individuals.</p>
Accommodation	<p>See page 14 for list of OFFICIAL and ALTERNATE accommodation.</p>



Country Entry Visa	<p>A visa to enter French Polynesia (Tahiti) may be necessary. An official invitation letter can be issued to assist your visa application by emailing it to the Organizing Committee via the OT at admin@worldtaekwondoceania.org</p> <p>The Organizing Committee cannot guarantee entry into French Polynesia (Tahiti) and can only offer assistance. It is the responsibility of each athlete and team to apply for and secure the correct entry visa. See this link: https://tahititourisme.com.au/en-au/smart-travel-planning/tahitian-visa-requirements/</p>
Information/Updates	<p>For further updates please refer to the official OT Facebook:</p> <p>https://www.facebook.com/Oceania-Taekwondo-Union-464576653697391/</p>
Anti-Doping Regulations	<p>The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.</p> <p>Anti-doping tests will be carried out for all finalists, while random tests will be conducted among the quarter- and semi-finalists who failed to advance to the final. The WT and/or WADA may carry out random out-of-competition testing prior to the competition. Therefore, all participating contestants are required to submit their latest and most accurate Athlete Location (Whereabouts Info) Forms to the WT.</p>
TUE (Therapeutic Use Exemption)	<p>WT Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and WADA Anti-Doping Code for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. Otherwise, please download the TUE Application Form (found on https://ita.sport/TUE), and once duly completed and signed, send it together with the required medical file to tue@ita.sport. Report TUE applications also to the WT Sport Department via antidoping@worldtaekwondo.org</p>



REGISTRATION DEADLINES & FEES

Event	Fees
G-2 Tahiti Open G-4 Oceania Poomsae	\$85 USD Early Bird Registration \$120 USD Standard Registration \$35.00 USD per each additional event (Poomsae Only)
Tahiti Open = Cadets, Juniors all other divisions, Coloured Belts, etc	\$65 USD Early Bird Registration \$85 USD Standard Registration
Coaches & Officials Registration	\$15 USD Early Bird Registration \$20 USD Standard Registration
Early bird Registration will start 4th July 2022 and will end on 19th August 2022 11:59 p.m. Regular Registration will start 20th August 2022 and will end on 30th August 2022 11:59 p.m. All times are shown in GMT+10:00 Australia/Sydney	
OT reserves the right to accept or reject any late entries, but if accepted, an additional fee of \$25.00 USD on top of usual entry fee will apply.	
Each request for a weight category change is subject of an administration fee of \$50.00 USD	

Registration of athletes and officials is only possible with a valid 2022 WT Global License.

Entries will only be accepted through the WT GMS online registration system:

<https://worldtkd.simplycompete.com/>



OCEANIA POOMSAE CHAMPIONSHIPS - G4

Individual Poomsae – Male / Female								
Age Division	Cadet	Junior	Under 30	Under 40	Under 50	Under 60	Under 65	Over 65
	12-14 yrs	15-17 yrs	18-30 yrs	31-40 yrs	41-50yrs	51-60 yrs over	61-65 yrs	66yrs
Pair Poomsae – Mixed Gender								
Age Division	Cadet	Junior		Senior		Senior		
	12-14 yrs	15-17 yrs		18-30 yrs		Over 30 yrs		
Team Poomsae – Same Gender								
Age Division	Cadet	Junior		Senior		Senior		
	12-14 yrs	15-17 yrs		18-30 yrs		Over 30 yrs		

FREESTYLE WITH MUSIC		
Individual – Male and Female		
Age Division	12 -17 yrs	18 yrs +
Pair Poomsae – Mixed Gender		
Age Division	12 -17 yrs	18 yrs +
Team Poomsae – At least 2 male, 2 female +1		
Age Division	12 yrs +	

❖ Freestyle athletes need to submit a printout copy their performance plan using the Freestyle Poomsae Performance Plan Form (attached) on the day of registration.

❖ Freestyle athletes will also be required to bring their music in an Audio CD format on the day of competition. Please ensure that only one track is on the Audio CD.

Participating contestants must wear the WT-recognized Poomsae Competition uniform. As per WT poomsae rules contestants must present at inspection desk wearing approved uniform in order to proceed to competition area:

- **Cadet Division** (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females. This includes Poom belt half red half black same as dobok collar.





- **Junior and Senior Division** (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.
- **Master Division** (Ages 51 and up): Yellow top and dark blue pants for both males and females.

The end of the athlete's belt must be at least 10cm or higher above the knee.

No sponsor or other marking other than manufacturers logo is allowed on uniform.

No colourful hair ties/accessories and no jewellery or colour nail polish is to be worn.



(Optional) National flag shall be located between 3.5cm below the right shoulder line of upper garment. Flag size should be 10cm width x 7cm height.

(Optional) NOC Code is a three-letter National Olympic Committee abbreviation, and it shall be printed at the back of the upper garment of Poomsae competition uniform in black colour and centred 12cm from the top line of the upper garment within the size of 30cm width x 12cm height. The font of the letters shall be in bold "Verdana"

List of Poomsae to be performed:

- Designated Compulsory Poomsae

Two (2) Poomsae from the designated Compulsory Poomsae for each division must be performed for all the preliminary, semi-final and final rounds for all divisions. The Poomsae to be assigned for each division shall be published one day prior to the first competition day.

Competition	Division	Compulsory Poomsae
Individual	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
	Under 40	
	Under 50	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
	Under 60	Koryo, Keumgang, Taeback Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	Under 65	
	Over 65	



Pair	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin, Jitae, Chonkwon
Team	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang
	Junior Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback
	Under 30	Taegeuk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin
	Over 30	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

* Note:

Contestants may compete in maximum four (4) categories (Recognized Poomsae max. 2 & Freestyle Poomsae max 2) of competition unless he or she is limited by gender or age.



Free style Poomsae Performance Plan

9th Oceania Taekwondo Championships 2022 – Tahiti, French Polynesia

Please Fill out required information and free style Poomsae performance plan and send it to admin@worldtaekwondoceania.org by no later than **11th Sept, 2022, 11:59 PM (GMT+10:00 Australia/Sydney)**

Name of Association	
Title of Free style Poomsae	
Number of team members	Male () Female ()
Name of Music	
Division	Individual <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Pair <input type="checkbox"/> Mixed Team <input type="checkbox"/>
Contact Person (name and email)	

Subject:	<i>(Please briefly explain the theme of performance)</i>
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	Performance Plan
Performance 1. Heights of Jump (Side kick)	<i>(Please describe your performance plan keeping the order of the requirements 1-7 indicated in the left column)</i>
Performance 2. Number of kicks in a jump (Front kick)	
Performance 3. Gradient of spins in a spin kick (Spinning hook kick or turning kick)	
Performance 4. Performance level of consecutive kicks (Kyorugi style kick)	
Performance 5. Acrobatic actions	
Key point of your performance	



ACCOMODATION RECOMMENDATIONS

HOTEL FOR OFFICALS

Le TAHITI by Pearl Resort
Lafayette Beach
PK7, 'Arue, Polynésie française
[Téléphone : +689 40 48 88 00](tel:+68940488800)

RECOMMENDED HOTELS FOR ATHLETES AND REFEREES

LE ROYAL TAHITIEN

Pirae
Polynésie française
[Téléphone : +689 40 50 40 40](tel:+68940504040)

TAHITI NUI HOTEL PAPEETE

Ave du Prince Hīnoi, Papeete
Polynésie française
[Téléphone : +689 40 46 38 99](tel:+68940463899)

HOTEL SARAH NUI

Papeete
[Téléphone : +89 40503550](tel:+8940503550)

MANAVA SUITE RESORT

Punaauia
Polynésie française
[Téléphone : +689 40 50 84 45](tel:+68940508445)



Draft Schedule

Thursday 29th, Sept 2022 **Heads Of Team Meeting**

- Para Classification

Friday 30th, Sept 2022 **G2** **Presidents Cup (Kyorugi)**

- Senior (Olympic Weight Divisions)
 - Junior Youth Olympic Divisions
 - Cadet WT Merged Divisions
- WT Presidents Cup Para Championships (G2)

G2 **Presidents Cup (Poomsae)**

- WT Poomsae Divisions

Saturday 1st Oct, 2022 **G4** **Oceania Championships (Kyorugi)**

- Senior (Olympic Weight Divisions)
 - Junior WT Olympic Divisions
 - Cadet WT Merged Divisions
- Oceania Para Open (**G4/G2**)
- **Oceania Poomsae Open (Coloured Belts)**
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Sunday 2nd Oct, 2022 **G2** **Tahiti Open (Kyorugi)**

- WT Senior Divisions
 - Junior WT Divisions
 - Cadet WT Divisions
 - Non-WT Kyorugi Divisions
 - Open to all ages and colour belts
- G4** **Oceania Championships (Poomsae)**
- WT Poomsae Divisions